



spa

AT YE OLDE BELL

relax, escape and indulge



A warm welcome...

Spa

Step into a world where exciting experiences await, immerse your senses and drift away.

Pamper

Enjoy luxurious treatments personalised to your well-being and beauty needs.

Relax

Unwind in our relaxation areas...
Let our spa butlers take care of you, so you can enjoy doing a little bit of nothing or spend quality time with friends.

Eat

Revive yourself with amazing fresh healthy cuisine or truly indulgent dishes.

Drink

Refresh with herbal infusions or party with cocktails and Champagne.

Stay

Linger longer with a stay in one of our individually designed bedrooms or suites.





Our Facilities

Front of house facilities

Reception and Retail Area

Relaxation Lounge and Bar

Theatre Kitchen

Brasserie & External Terrace

Thermal area

Enter our thermal area and try our numerous experiences...

Poolside Relaxation Area

Indoor / Outdoor Vitality Pool

Snowstorm Experience

Herbal Laconium

Stone Bath™

Alpine Sauna

Foot Baths

Shower Walk & Ice Bucket

Steam Room

Salt Inhalation Room

External Courtyard & Relaxation Areas

First floor treatment area

Designed to help you relax and enable us to deliver outstanding treatments:

6 Treatment Rooms
(incl. 2 doubles)

Post-treatment Relaxation Lounge

Quiet Relaxation Space

Sabbia Med™

Rasul

Halo IR™

Signature Packages

Delightful Duo

From £245pp/£255pp

The perfect treat for you and someone you love

Includes: A full spa day, two course lunch and a choice of any of our 60 minute treatments. Check in from 9:30am, explore our thermal facilities and indulge in a delicious two course lunch, cover yourself in mud or foam in our Rasul, then let our therapist take you on a journey of relaxation with a choice of one of our 60 minute treatments.

Exquisite Spa Day

From £295pp/£305pp

For the ultimate experience

Includes: Full Day Spa, two course lunch, Sabbia Med™ and any of our 120 minute treatments. Join us for a truly indulgent spa day, lounge in our thermal area and drift blissfully inside and out in our vitality pool, let us take you to the sunshine with our Sabbia Med™ experience and enjoy ultimate relaxation with a choice of one of our 120 minute treatments.

Relax and Rejuvenate

From £335pp/£370pp

For those who need more time to switch off and truly relax

Includes: Full Day Spa, two course lunch, with a choice of Sabbia Med™, Rasul or HaloIR™, Dinner, Bed and Breakfast and a choice of one of our 60 minute treatments. Arrive at 9:30am to totally switch off and enjoy a day's relaxation in our unique spa facilities, drift over to the hotel to complete your 24 hours of bliss with an evening meal and lazy morning with a beautiful breakfast and late check out.



Spa Packages

Mini Meet up

From £160pp/£165pp

Perfect for those doing the school run or with a busy schedule

Includes: 5 hours Morning Spa, two course lunch and a choice of one of our 30 minute treatments. You can squeeze this in during the day and still have time to achieve great things after your visit.

Spa Day Special

From £220pp/£230pp

Simply spa all day and enjoy a luxurious 60 minute treatment.

Includes: Full Day Spa, two course lunch and a choice of one of our 60 minute treatments. A perfect way to spend a full day with us, this spa package is one of our favourites and makes a fabulous gift!

Eternal Sunshine

From £160pp/£170pp

Want to feel the warm relaxing rays of the sun all year round?

Includes: Full Day Spa, two course lunch and Sabbia Med™. Relive those summer memories on the beach and join us for 8 hours in the spa and enjoy a session in our sunlight therapy room (Sabbia Med™).

Seasonal packages available online
www.yeoldebell-hotel.co.uk





Want to just spa?

Full Day Spa

From £150pp/£160pp

All day access from 9.30am to 5.30pm with 2 course lunch.

Morning Spa

From £110pp/£115pp

Four hours access from 9.30am or 10.30am with 2 course lunch.

Afternoon Spa

From £80pp/£85pp

Three hours access from 3pm to 6pm.

Serene Twilight

From £90pp

Evening access (days/times vary)

Spa Overnight Package

From £160pp

Spoil yourselves and stay the night in a stylish room, sumptuous suite or luxurious lodge.



Something
different

For Men - all of our treatments can be adapted to suit men.

Pregnancy - pamper yourself and your bump with specially adapted treatments. (P19)

Wellness - our wellness therapies have been designed to suit both cancer patients and those who are taking or have been taking intensive medication. (P20/21)

Tiny Spa - for our youngest spa goers. A dedicated session for 5-10 year olds to spa. (P22)

Tween Spa - A dedicated session for 11-15 year olds to spa. (P22)



Experience to share

Rasul

From £40pp - 30 mins

A fabulous treatment that takes place in a private temple under the light of a thousand stars! Cover yourself in mineral mud and scrub, then relax in your own private space and let the steam room cycle begin.

Minimum 2 people experience.

Sabbia Med™

From £35pp - 30 mins

Deeply relaxing, uplifting and fun this therapy replicates sunrise to sunset in a 30 minute cycle. Low levels of UV are emitted to release Vitamin D whilst specialised lamps are used to alleviate SAD.

An incredible experience for those looking to escape to the beach.

Minimum 2 people experience

Halo IR™

From £35pp - 30 mins

TASTE the salty air, SMELL the essential oil, custom blended for our Halo IR™, FEEL the warmth of the infrared heat as it envelops your body, SEE the changing lights of the medical grade chromotherapy and red light waves.



Our Treatment Menu

Our highly trained therapists have worked closely with our product house
Germaine de Capuccini to design our treatment menu.

This enables them to ensure they can adapt your treatment just the way you like it.
Like hot stones? Or even cold stones? Or vigorous stretching? Or total relaxation?

Just let us know and we can tailor your treatment to meet your needs.



30 minute treatments From £65pp

Reflex Zone Foot Ritual

Designed to revive tired feet & lower legs

A treatment that will leave you walking on air! This treatment includes lower leg and foot exfoliation, followed by a reflexology inspired massage, finished with an application of Dreamy Legs, leaving them feeling light and refreshed.

Taste of Germaine Facial

A delightful mini facial

An introductory facial designed to refresh your skin with prescriptive products chosen by our therapists to match your skin. Suitable for all, this facial includes a cleanse, tone and exfoliation, followed by a short neck and shoulder massage.

Baobab Oil Scalp Ritual

Relieves tension from the neck, shoulders and scalp

Our stress relieving neck and scalp massage is both nourishing and moisturising for the hair and skin. It soothes scalp irritation whilst strengthening and protecting the hair.

Aromatic Full Body Exfoliation

Exfoliation treatment which leaves the skin smooth and polished.

A full body exfoliation using a selection of products to suit your skins needs. This relaxing full body experience will leave you buffed and polished to perfection.

Sperience Elements Massage

A Feng Shui inspired body massage

Based on traditional Chinese philosophy, our Sperience Elements massage is specifically tailored to you by our therapists matching one of our 5 active oils to your zodiac sign. This massage can be adapted to suit your individual needs. Choose from: back, neck and shoulders; back of legs and lower back; arms and shoulders or neck, face and scalp.

Timexpert Rides Collagen Boost Eyes

Eye treatment to reduce puffiness, lines, and wrinkles

This treatment shows immediate results. Lines and wrinkles are filled in and puffiness is reduced, leaving the eye contour more rejuvenated.

Taste of Germaine For Men

Designed to meet the needs of male skin

This introductory facial commences with a cleansing ritual, followed by a cooling mint scrub and facial massage.

Deep Tissue Massage For Men

A deep tissue massage especially for men

Using a special combination of oils that warms the muscles, this deep tissue massage helps release stress and is great for getting deeper into knots and areas of tension.

Guests who have severe skin conditions and are under a doctor or consultant led care will need a medical note to have a treatment.

60 minute treatments From £110pp

Prescriptive Facials

These tailored facials are designed to suit your skin regardless of age, gender or skin type.

Choose from:

Rose and Honey Elixir Calming Facial

For sensitive or stressed skin

Emotional stress, tension, depression, and lack of 'me' time can reflect in the skin causing dull tone, redness, dryness and sensitivity. This luxurious treatment uses the essence of concentrated flowers and plants to provide a highly active anti-stress response. With petals of Gaelic Rose and extract of the Arctic Rose, Black Rose, White Rose and Nepalese Rose, your skin will be soothed, hydrated, and nourished.

Timexpert Hydraluronic

Intensely hydrating & plumping

An intense level of hydration is delivered to the skin using exclusive ingredients & formulations that plump and add volume. Hyaluronic Acid is released into the deepest layers of the skin, allowing recovery and the preservation of the skins naturally occurring Hyaluronic Acid whilst the releasing ingredients deliver and encourage the retention of moisture reserves for longer lasting effects.

Timexpert Radiance C+

Illuminating & fights ageing

This advanced anti-glycation facial utilises the benefits of Ume extract, a Japanese plum, which is rich in antioxidants that rebuild the damaged elastin and collagen fibres caused by sugar and UV radiation. Additional Vitamin C extract helps build collagen whilst protecting and firming the skin, leaving it looking fresh with a healthy glow. 97% of clients declare their skin is smoother, more radiant and healthier after one treatment*.

*Self-assessment test on 123 individuals after 1 treatment

Energy Facial for Men

To heal and re-energise specifically for men.

Infused with a blend of plant extracts and vitamins, this facial not only relaxes but rejuvenates the skin which can often be irritated by the daily ritual of shaving.

Best of Both

Can't decide on your choice of treatment?

Our signature treatment and a favourite with spa guests! This combined 30 minute personalised back massage and 30 minute facial treatment is perfect for relieving upper body tension.

Upper Body Revival

For those who carry stress in their upper body

Have the weight of the world lifted from your shoulders. This treatment includes a 30 minute deep back, shoulder and neck massage, finished with our 30 minute sublime scalp ritual.

Top to Toe Natural Glow

For dry dull skin - perfect for when the seasons change.

This relaxing full body experience includes a full body exfoliation followed by our 30 minute Taste of Germaine facial, leaving you cleansed, polished and feeling refreshed.

Phytocare Baobab Ritual

An energising full body massage and exfoliation.

This African-inspired full body massage promises an invigorating and stress-reducing experience. The blend of natural oils provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity.

Pomegranate Body Wrap

A luxurious, smoothing body wrap.

This body wrap is perfect for hydrating and soothing your skin. Drift off and enjoy a soothing Baobab scalp ritual whilst you are enveloped in a creamy anti-oxidising full body wrap.

Sperience Elements Massage

A Feng Shui inspired body massage.

Based on traditional Chinese philosophy, our Sperience Elements massage is specifically tailored to you by our therapists matching one of our 5 active oils to your zodiac sign. This full body massage can be adapted to suit your individual needs and target areas of concern.



90 minute treatments From £145pp

Timexpert Rides Neo-Age

Reduces expressions lines and wrinkles.

This highly effective treatment offers unparalleled results in reducing wrinkles. The Neo Age facial products contain an exclusive formula that combined with a Japanese facial yoga massage technique, offers effective results. Ideally taken as a course of three treatments and combined with a specific home care programme, proven results show a 43% improvement*.

*Results are supported by the University of Valencia Faculty of Medicine.

Timexpert SRNS Global Regeneration

Regenerating treatment for the face, décolletage and eyes.

This powerful all-round anti-ageing treatment firms and aids wrinkle reduction, improves pigmentation and hydration. The treatment helps combat damage from lifestyle and the environment. It reactivates dormant genes and boosts cellular regeneration using "Epigenol" and "Zinc- Glycine Complex". Also includes the application of Dreamy Legs to relieve the sensation of heaviness leaving your legs nourished, hydrated and with a light iridescent sheen.

Serenity Rose and Lavender Face and Back Ritual

Perfect for stress, lack of sleep and dehydrated skin.

A truly British treatment using nourishing plant-based ingredients, your treatment commences with a warm lavender candle oil back massage and includes a rose and honey elixir calming facial.

Green Tea Body Detox and Repair Ritual

Detoxifying deep cleansing body exfoliation and massage.

This detoxifying full body treatment includes a stimulating and skin renewing exfoliation followed by a light and refreshing massage using green tea nectar which helps to treat photo damaged skin and eliminate toxins.

Ye Perfect Gent

The perfect unwind for men.

A sublime treat to allow you to relax, unwind and recharge your batteries. Your treatment package includes a deeply relaxing back massage followed by our Men's C+ energy facial - to smooth the skin and heal irritations, leaving it fresh, clear and revitalised.

Serene Solstice

Pomegranate And Rose Face and body wrap.

A perfect treatment to remind you of warm spring and summer days. This luxurious calming and hydrating treatment includes: a unique mousse and powder exfoliation with extract of pomegranate seeds to alleviate dry skin, before a creamy anti-oxidising massage and body wrap. Your treatment is completed with a soothing facial using a blend of rosehip oil and rose petals.

120 minute treatments From £195pp

Hydraloric Facial and Body Experience

Deeply hydrating facial and body exfoliation.

Nurture your mind, body and soul with this 2 hour treatment. Enjoy a full body exfoliation, a warm floral oriental oil massage followed by an intensely hydrating and plumping facial using Hyaluronic Acid, that will allow you to simply drift away into a state of blissful relaxation.

Herbal Back Cleanse and Regenerating Facial

A deep cleansing treatment for face and back

This treatment starts with a deep cleanse and exfoliation of the back followed by remineralising green tea back massage. It eliminates toxins and repairs scars and photo-sun damaged skin. Your treatment continues with our powerful Regenerating SRNS Global Facial, which leaves the skin feeling deeply cleansed and oxygenated. Every day, thousands of our cells are damaged by lifestyle and environmental aggressions. This treatment reactivates dormant genes and boosts cellular regeneration using "Epigenol" and "Zinc- Glycine Complex".

Energy Boosting Vitamin C Face and Body Therapy

Energises lifeless skin and stimulates collagen.

Vitamin C is a powerful ingredient that is highly effective in stimulating collagen renewal and synthesis. This energising face and body treatment begins with a deeply Hydrating Vitamin C body wrap, to firm and tone the skin. Whilst cocooned in this relaxing body wrap, drift away and enjoy our top selling brightening and illuminating, Timexpert Vitamin C+ facial. Rich in anti-oxidising Japanese plum, Ume, and extracts of vitamin C.

Men's Tranquil Face and Body Ritual

A face and body treatment to relax and re-energise.

This treatment is designed to meet the needs of men's skin which is often irritated by the daily shaving ritual and in need of TLC. After a 60 minute deeply invigorating massage to warm and soothe muscle strains, you will experience our C+ energizing facial. Using blends of plant extracts and vitamins to soothe the skin, this facial will leave you refreshed and rejuvenated.

Mother to be From £65pp

Our expertly trained therapists will ensure you're in safe hands using specialist techniques suitable for pregnancy, post 12 weeks. Most of our treatments can be adapted to suit your stage of pregnancy and needs.

Here are our favourites:

Phytocare Baobab Pregnancy Massage **30 mins**

A massage tailored to different stages of pregnancy

Using a blend of natural oils to provide anti-inflammatory benefits, this treatment helps skin elasticity and reduces stretch marks making it the ideal pregnancy massage

Phytocare Baobab Ritual **60 mins**

An energising full body exfoliation and adapted massage.

Using ethically sourced Baobab seed oil, this African-inspired full body massage promises an invigorating, stress-reducing experience. The blend of natural oils provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity, making it the ideal pregnancy body treatment.

Hormone Soothing Facial **60 mins**

A facial to re balance the skin

Your hormones can change and affect your skin during pregnancy. Let our therapists prescribe the perfect facial to re balance your skin and leave it feeling cleansed and refreshed.



Wellness From £110pp

Restoring Mind, Body and Soul

Specific treatments for relief and rehabilitation from illness.

Our range of wellness therapies are designed to help restore and soothe the mind, body and soul during hormonal changes, post illness or after surgery.

This range of treatments can be adapted to be suitable for cancer patients and those who are taking or have been taking intensive medication. (Subject to doctors' approval)

We use innovative products and ingredients to target skin related side effects caused by chemotherapy, radiation treatments and other strong medication. Each treatment includes an in-depth consultation with one of our highly skilled therapists who will tailor your treatment to suit your needs.



Soothing Rose and Honey Harmony Facial 60 mins *Soothing stressed and sensitive skin*

This facial is designed to help alleviate symptoms of dry, flaky, and sensitive skin. Pure Rose Hip Oil, known for its healing properties, is combined with our de-stressing Royal Jelly Elixir to revitalise dull tone whilst helping the skin regain its natural immunity against daily aggression. Your facial is complete with our 5 rose petal mask which soothes sensitivity brought on by emotional and physical stress. A luxurious gentle touch and healing massage with Obsidian and Onyx stones will help to restore peace to the mind and soul.

Calming Scalp, Hand and Foot Therapy 60 mins *Soft touch treatment to soothe, nourish and heal*

Chemical treatments can cause extreme dryness on the hands and feet whilst stimulating hair loss. This treatment begins with a gentle exfoliation on the hands, feet and nail beds, without the use of water to help maintain a healthy pH level. A deeply hydrating mask is then applied to relieve extreme dryness and dehydration. Finally, completely relax and unwind with our revitalising scalp massage - using Baobab hair oil to revitalise the hair and soothe the scalp.

Aloe and Mint Cooling Body Therapy 90 mins *Light touch body and scalp massage with precious stones*

This gentle therapy combines the power of semi-precious stones to restore harmony to the mind, with a gentle cooling massage to soothe the body. This light touch massage uses Aloe Vera to deeply hydrate the skin, lemon oil to purify and mint to refresh the body. Rose hip oil soothes, nourishes and reduces irritation. Your treatment is completed with a de-stressing scalp pressure massage to aid relaxation. (Ideal after Radiation therapy.)

Phytocare Baobab Body and Scalp Ritual 90 mins *Soothing massage with full body exfoliation*

This relaxing and indulgent treatment uses ethically sourced, organic Baobab oil packed with antioxidants, vitamins and omegas to nourish and protect the skin. Your treatment begins with a gentle full body exfoliation using Baobab Seed Shells to remove dead cells. A soothing lymphatic massage with Baobab oil will then provide the skin with anti-inflammatory, nourishing, and hydrating benefits. To complete your totally stress-reducing experience, our relaxing Baobab Scalp Therapy will help to revitalise the hair and soothe the scalp.

A Time for Pause 120 mins *Anti ageing Face and body ritual, to rebalance the mind, and restore good sleep patterns*

This anti ageing facial uses a blend of 21 active vitamins and minerals to nurture the skin and restore essential nutrients. The emphasis of this treatment is to switch on the gene cells to reactivate the skins own natural healing powers. Combined with a unique cooling aloe and mint body massage tool to drain, tone and lift the skin with specific massage techniques to help restore the mind to a restful disposition. This treatment concludes with an anti-ageing scalp and hair massage, strengthening it with powerful superfoods and a formula rich in omega 3's.



Tiny & Tween Spa

We offer Tiny and Tween Spa sessions exclusively for our younger guests on selected dates throughout the year. These separate sessions are designed to cater for 5 to 15 year olds and their 'responsible adult' allowing them to safely spa together. For the Tiny Spa the Alpine Sauna and Steam Bath will be turned off. The Alpine Sauna will also be turned off for the Tween Spas.

Tiny Spa

For 5 to 10 year olds

From £130/1 Tiny & 1 Adult

Tween Spa

For 11 to 15 year olds

From £130/1 Tween & 1 Adult

Family Spa

For 5 to 15 year olds

From £130/1 Child & 1 Adult

Serene & Themed Twilight

Serene Spa

From £90pp

Evening access (days/times vary)

A perfect way to unwind on the evening.... Chill out as you make your way around our 10 thermal and ice experiences, sit back and enjoy the relaxing music and spa butler service or wrap up in our outdoor chalets; warmed by the fires.

Ibiza Twilight Spas

From £145pp

Evening access, including food and DJ (days/times vary)

Try our spa sessions with a party vibe and food!

Whether it's celebrating with friends, colleagues or family, you are guaranteed to have a night out with a difference! Feasting on Balearic delights and enjoying our thermal area whilst our DJ takes your requests from party classics to golden oldies. We guarantee you'll love our Ibiza party nights!





The Hotel

Four-star luxury rooms and dining in a unique setting

Step inside Ye Olde Bell Hotel and experience a world away from the everyday. Artfully combining striking contemporary interiors and luxurious modern comforts with all the history and character you'd expect from the remarkable building, to offer a calming retreat from the stresses of daily life.

Situated at the midway point between London and Edinburgh on the Great North Road, Ye Olde Bell boasts individually designed rooms, with rich fabrics, opulent furnishings and indulgent bathrooms. Both our AA Rosette Restaurant and Bistro serve inspired cuisine; fresh and seasonal dishes prepared by our creative team of chefs, with tempting menus available throughout the day.

Sip a refreshing gin and tonic from the vibrant art deco bar, relax with afternoon tea on the terrace or by a roaring log fire.

Sumptuous suites and luxury lodges

Why not make your trip even more special and indulge in one of our fabulous suites or spacious lodges?

Opt to stay in one of our four individually styled suites for an extra touch of decadence. Expect grand beds, antique furnishings, abundant period features offset with spacious contemporary bathrooms. Many have exceptional outlooks over the garden and nearby countryside.

Our luxurious 2-storey lodges are set in a secluded spot just off The Courtyard close to our new Spa and are the perfect setting for a romantic escape. Alternatively, guests can also book both lodges; these interconnect at both levels, converting into group accommodation; the ideal space for a get-together with family and friends; hen parties, bridal groups and sporting trips. We can add extra sleeping arrangements for the little ones too!

If you are booking an overnight stay, don't forget to include spa access with your reservation.



More information

Finding us

Directions are detailed on our website:

www.yeoldebell-hotel.co.uk/location

Our full address is: Spa at Ye Olde Bell, Ye Olde Bell Hotel, Barnby Moor, nr. Retford, Nottinghamshire, DN22 8QS.

If you have the **What3Words** app, the Spa entrance is **scoop.dome.chose**

We have ample free hotel and spa parking.

What to Wear

Please bring suitable swimwear and daily essentials. We provide wet swimwear bag, jewellery pouch, robe, flip flops (slippers on request) and towels, shampoo and body wash are supplied in the showers and cleanser and make up remover is available on request.

We have heated towel rails in our treatment rooms to dry your swimwear during a treatment should you so wish. We can provide you with paper pants, thong or shorts to use during your treatment. If you would prefer, you can wear your own underwear.

Children and Younger Guests

All standard day spa clients must be 16 years or over. Any clients under the age of 18 must be accompanied on a ratio of 1 to 1 with an adult over 21 years of age. On selected dates we do host Tiny Spa and Tween events which are for 5-10 year olds (tiny) or 11-15 year olds (tween) on a ratio of one adult over 21 years of age to one tween/tiny.

Medical Conditions

The management and staff of Spa at Ye Olde Bell are dedicated to helping you take every opportunity to enjoy the facilities which we offer but your health is your responsibility.

All treatments booked and use of the spa facilities are subject to medical status. If you have had, or are suffering from any of the medical conditions listed below we strongly advise that you speak with your doctor or relevant medical professional prior to visiting.

The guidelines below are not an exhaustive list and only serve to highlight some of the main medical indicators where there may be a risk or restriction to some/all of the treatments listed.

Allergies including food allergies, alopecia, asthma, recent injuries, broken bones, burns or surgery in the last year, cancer, claustrophobia, eye infections, epilepsy, skin conditions, stroke, pregnancy, heart conditions, varicose veins, thyroid issues.

You should make yourself aware of our spa dos and don'ts and advice as provided in Your Spa Visit document which is issued via email prior to your visit.

More information

Residential Spa Breaks

We recommend that you bring a separate day bag for your swimwear and daily essentials as your room may not be available until after 2pm on the day of your arrival or after check out. We are able to set up a tab for you to use throughout the day for any extras, so there is no need to carry money or cards around with you.

Gift Vouchers

Finding the right gift for that special someone can often be a bit tricky. Why not give the gift of luxury with a Spa at Ye Olde Bell gift voucher? Gift vouchers can be purchased for any monetary value from £25 upwards or you can choose any of the fantastic packages we have available. For a small fee we can even take care of the hard work for you and gift wrap it! Our Spa has everything your loved one could need for some time away from the hustle and bustle of everyday life. There really is something for everyone, whether it be a back massage, a luxurious prescriptive facial or a completely chilled out day in the spa with a two-course lunch cooked fresh for you by our award-winning chef!

Spa vouchers can also be redeemed against any of the fantastic range of products that we have available in our spa or hotel.

www.yeoldebell-hotel.co.uk/gift-vouchers-hotel-spa

Payment and Cancellation Policy

Changes to bookings made 7 days prior to your visit/appointment may be offered. These will incur a £20 per reservation admin fee and cannot be guaranteed. Spa Booking Cancellation - A 50% refund will be offered if notice is given 7 days prior to your visit/appointment. If cancellation takes place less than 7 days prior to your visit/appointment there will be no refund given. No requests to change the date made within 7 days of the reservation will be allowed.

Arriving late for your scheduled appointment will result in a reduced treatment time and full payment will still be charged. In the event you do not attend a treatment scheduled for you, the full cost of the treatment will be charged.

Prices correct at time of publishing. All prices subject to change.

If you have any questions don't hesitate to contact us:
01777 705121 // reception@yeoldebellspa.co.uk
or through social media.





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yeoldebell-hotel.co.uk/spa